DESIGN SOLUTION THERAPY™, DST KIT

CONTENTS

Design Solution Manual

DST Audio Links (Over 20 Audios)

Design Solution Self-Hypnosis Explanation

Design Solution Self-Hypnosis Process

Design Solution Self-Hypnosis Audios

FORMS

Client Information

Client Evaluation

Clinical Notes (over 20)

Client Instructions

Design Solution Master Plan

Desired State Plan of Action

DST Checklist

DST Notes

Information Signature Form

Release Forms (to/from)

Initial Interviews (10)

Mental Health Symptom Checklist

New Referral Form

Outcome Summary

Quality of Life Index

Supervision Monitor

Therapy Monitor

Therapy Summary Plan

WORKSHEETS

Design Solution Modeling

Design Solution Processing

Design Solution Questioning

Enhancing Questions

Processing Additions/Editions

Solution Notes

Solution Talk

Stacking Successes

Values Clarifier - Relationship

Values Clarifier - Life

Well-Formed Conditions Worksheet

Well-Formed Conditions Description

What's Better? Design Solution Note

More Forms & Exercises available soon!!!

EXERCISES

Action Generator

Design Solution Forms

Design Solution Modeling Exercise

Design Solution Processing Intro

Desired State Generator

Desired State Solution Design

DST Questionnaire

MindFrames of Success

Name It Claim It

Solution Sequencing

Success Formula

HANDOUTS

Competency Levels

DST Introduction

MIND Model

Mind Signs

Resource States

Self Beliefs

Sequence of Success

Solution Sequence

Your Company

Client Bill of Rights

About Your Company

Client Referral Sheet

AUDIO MP3's (and more to be added soon)

Introducing the MIND Model

MIND Modeling

Signs of the Mind

MindSets of Excellence

Desired State Design

Desired State Generator

Action Generator

Solution Sequencing

Name It Claim It

State Control Series: MindLife Matters

Design Solution Self-Hypnosis

Self Hypnosis 1 & 2

Design Solution Therapy & Processing

Design Solution Processing for Maximum Action

Design Solution Hypnotherapy

Feel Good Now Then – Inserting Resources

iVIBES Belief Change